



July, 2011

Issue # 169

From Your Community Lay Director

Dear Emmaus family,

Our community meeting on June 16th at Grace Methodist Church was great. Thank you to Kyle Brock and his church family for great food, fellowship and awesome praise music from the worship team from the June woman's walk. Thank you all for allowing God to use you to bless others.

June is now gone – seems like this year is really flying by. My oldest granddaughter was married on June 26th in Ruidoso, NM. What an awesome time we had as a family. Amy and Matt are so much in love and both strong committed Christians, just looking at them blesses all those around them. It just blesses me to see them start out on a new adventure together – Amy teaches high school science and Matt has started his 4th year of medical school. I know that God has great things ahead for them.

I missed my home church service that Sunday and I moved this past Sunday – I am feeling quite lost having missed 2 Sundays in a row. My heart longs for the fellowship and teaching that I receive each Sunday. Please stay close to your church family and your Emmaus family. We need each other in both good and rough times.

We are truly blessed as a community. Roger Foote has agreed to serve as our community spiritual director for the next year. Thank you to Rance Young for serving us and blessing us. Please keep them both in your prayers.

Please turn in a current data sheet if you have not done so recently. We will have forms at the next community meeting – please fill one out if you want to be part of a team, committee or on the community board.

Remember Upper Room community training on August 13th at Grace Methodist Church starting at 9am until about 3pm. We will pass out a signup sheet at community this month to try to get a good count on people planning to attend. Kyle's church family is going to feed us lunch so they need to know how many to plan for.

I am looking forward to seeing all of you on July 21st at the First United Methodist Church in Lockney for community this month. I know that it is summer and we are busy but we still need the time of fellowship and refreshing.

I am participating in a Beth Moore Bible study at Bethel Baptist Church on Mondays and it is blessing me so much. I have been reminded that our loving Father keeps his promises to us because He love us so much. Remember who you belong to. He is always there for you. I know that my life is in His hands and that He really does not need my help – I need to let go and let God have control.

**In His Name,
Nancy Martin**

**Community Gathering
-- July 21 --**

**First Methodist Church
102 W. Poplar
Lockney, TX**

Board 5:30 PM
Sponsor's Training 6:00 PM
Meal 6:30 PM
Worship 7:30 PM

Guests are welcome and a nursery is provided.
Bring your favorite dishes. Wear your name tag. Bring your worship book. Come to share in the fun and fellowship!
LIVING WATER BOARD : 5:30 PM.
SPONSOR'S TRAINING will be held at 6:00 PM with Elaine Barrett as leader. The Board invites and urges all new community members and others who have never sponsored a pilgrim, and anyone who has not been through a recent training class to participate. The class will last for 30 minutes. Being a sponsor is one of the most important roles of the Walk To Emmaus. Several areas must be covered in order for the pilgrim to have an exciting and successful walk. Worship begins at 7:30 with praise songs, and closes with communion.

**UPCOMING
COMMUNITY GATHERINGS**

July 21 First United Methodist
Lockney
Aug. 18



Call Kayla Edwards @ 292-4807
to list your church on the schedule or
e-mail kayla.edwards@yahoo.com

An Angel says, 'Never borrow from the future. If you worry about what may happen tomorrow and it doesn't happen, you have worried in vain. Even if it does happen, you have to worry twice.'

- 1. Pray
- 2. Go to bed on time.
- 3. Get up on time so you can start the day unrushed.
- 4. Say No to projects that won't fit into your time schedule, or that will compromise your mental health.
- 5. Delegate tasks to capable others.
- 6. Simplify and unclutter your life.
- 7. Less is more. (Although one is often not enough, two are often too many.)
- 8. Allow extra time to do things and to get to places.
- 9. Pace yourself. Spread out big changes and difficult projects over time; don't lump the hard things all together.
- 10. Take one day at a time.
- 11. Separate worries from concerns. If a situation is a concern, find out what God would have you do and let go of the anxiety. If you can't do anything about a situation, forget it.
- 12. Live within your budget; don't use credit cards for ordinary purchases.
- 13... Have backups; an extra car key in your wallet, an extra house key buried in the garden, extra stamps, etc.
- 14. K.M.S. (Keep Mouth Shut). This single piece of advice can prevent an enormous amount of trouble.
- 15. Do something for the Kid in You everyday.
- 16. Carry a spiritually enlightening book with you to read while waiting in line.
- 17. Get enough rest.
- 18. Eat right.
- 19. Get organized so everything has its place.
- 20.. Listen to a tape while driving that can help improve your quality of life..
- 21. Write down thoughts and inspirations.
- 22. Every day, find time to be alone.
- 23. Having problems? Talk to God on the spot. Try to nip small problems in the bud. Don't wait until it's time to go to bed to try and pray.
- 24. Make friends with Godly people.
- 25.. Keep a folder of favorite scriptures on hand.
- 26. Remember that the shortest bridge between despair and hope is often a good 'Thank you Jesus.'
- 27. Laugh.
- 28. Laugh some more!
- 29. Take your work seriously, but not yourself at all.
- 30. Develop a forgiving attitude (most people are doing the best they can).
- 31.. Be kind to unkind people (they probably need it the most).
- 32. Sit on your ego.
- 33.. Talk less; listen more.
- 34. Slow down.
- 35. Remind yourself that you are not the general manager of the universe.
- 36. Every night before bed, think of one thing you're grateful for that you've never been grateful for before. GOD HAS A WAY OF TURNING THINGS AROUND FOR YOU.

'If God is for us, who can be against us?' (Romans 8:31)
Sent in my Tany Brown

Sign up your CHURCH
For
COMMUNITY MEETINGS
Pick Your Month before someone else gets it....
CALL OR E-MAIL ME @
kayla.edwards@yahoo.com
806-292-4807

When hosting community Churches are responsible for the Dinner & dessert plates, napkins, silverware, cups, & drinks. Childcare is optional for the church, but Emmaus does pay \$25.00 for the person who works in childcare for the evening.

NAME TAG ORDERS

Persons wishing to order new name tags should send a \$10.00 check to Living Water Emmaus Community, P. O. Box 1895, Plainview, Texas 79073-1895. If you have lost your lanyard, and also need another cross, the donation for the cross is an additional \$3.00. There is no charge for the "crocheted" lanyard. Please send the following information with your order: Name, church, hometown, and mailing address. Tags will be ordered ASAP and returned to you via mail.

UPCOMING WALKS

>>WALK COST \$140<<

#71 Women's Walk
October 20-23, 2011
Plains Baptist Assembly
Cheryl Edwards, Lay Director
Roger Foote, Spiritual Director

#72 Men's Walk
January 26-29, 2012
Plains Baptist Assembly
Russell Flick, Lay Director
Brad Huckabee, Spiritual Director

Men's Registrar Darral Bryant 806-928-1344 or 806-771-5271
Women's Registrar Debbie Crosby 806-292-7264

GET YOUR APPLICATIONS IN NOW, WE WANT THIS TO BE A GREAT FULL WALK. It can be with you & God's will.

MARK YOUR CALENDAR
COMMUNITY TRAINING
AUGUST 13TH
9-3
GRACE UNITED METHODIST CHURCH
SIGN UP AT COMMUNITY MEETING
OR BY CALLING NANCY MARTIN
THIS IS OPEN TO EVERYONE!!!

WOULD YOU LIKE TO BE
CONSIDERED TO WORK A WALK???

STEP 1. FILL OUT A CURRENT DATA SHEET

STEP 2. BECOME INVOLVED IN
COMMUNITY EVENTS

From Your Community
Everyone has been asked to..
Please fill out a new DATA Sheet
and get it turned in as soon as
possible...
Data Sheets may be found on the
web sight at
www.livingwateremmaus.com
Mail to: Elizabeth Franklin
1004 Vernon
Plainview, TX 79072 or e-mail to
texas_maw_maw@suddenlink.net
806-296-6090